



WORLD  
**Mental Health**  
CONGRESS  
LONDON  
2022

Hybrid Congress  
EACCME applied for

“Mental health:  
a global priority”

June 28<sup>th</sup> – July 1<sup>st</sup>, 2022

**Central Hall Westminster**  
Storey's Gate – London – SW1H 9NH

[www.wfmh2022.com](http://www.wfmh2022.com) • [info@wfmh2022.com](mailto:info@wfmh2022.com)

**#WFMH2022**



Technical Secretariat: **Phase20** [www.phase20.co.uk](http://www.phase20.co.uk)





## Registration information

	Early Bird Rate Until 5 June 2022			Late registration 6 June 2022 - 27 June 2022			On-site Rate From 28 June 2022			Daily Rate	
	Non partner in person	Partner in person	Virtual	Non partner in person	Partner in person	Virtual	Non partner in person	Partner in person	Virtual	Any participant in person	Any participant virtual
Group A (1)	£600	£570	£300	£670	£620	£335	£680	£630	£340	£320	£160
Group B (1)	£520	£490	£260	£570	£520	£285	£570	£540	£285	£270	£135
Group C (1)	£510	£470	£225	£520	£495	£260	£540	£510	£270	£220	£110
Group D (1)	£370	£350	£185	£385	£385	£195	£400	£380	£200	£170	£85
Residents, trainees other non- medical Health Professionals eg, Psychologists, Psychiatric Nurses, Nurses, Social Workers, Occupational therapists etc.	£320		£160	£345		£150	£370		£185	£145	£75
Students, service users, carers (2)	£270		£135	£280		£100	£295		£150	£120	£60

## ‘Message from our Patron HRH Princess Iman Afzan Al-Sultan Abdullah of Malaysia’



**Iman Afzan  
Al-Sultan Abdullah**  
HRH Princess  
Kuala Lumpur

When I initially set out to focus on mental health, my intention - or niat as they say in Malay - as to simply reach out and support. Who, when, where or how many people - it didn't matter. I told myself if I could reach out and support just the one person, I would make a difference.

As someone who has struggled with anxiety, I understand that sometimes all one needs is to feel heard and cared for. But while the act of reaching out may be obvious or easy to some of us, it may not be so obvious or easy to others. This is why my organisation, the Green Ribbon Group, aims to bring together other key stakeholders in Malaysia to play their part in pushing the mental health agenda forward. We truly believe that together we can do more.

The World Federation for Mental Health has been graciously kind towards me. The invitation to be International Patron of World Mental Health Day 2020-2021 gave me a bigger platform to shed light on the simple things that we can all do every day in support of mental health.

For a country like Malaysia, where stigma and prejudice continue to be a barrier in seeking appropriate mental healthcare, I have come to realise that raising awareness for mental health must come from the bottom up. Since the appointment, I have focused my efforts on a community approach to mental health.

In some ways, this approach resonates with the way we have had to deal with the Covid-19 pandemic. We have heard time and time again that we are only as strong as our weakest link, and that we need to work together to break the transmission of the coronavirus. Two years on, we are starting to see the fruits of our labour as we now gear towards the endemic stage of Covid-19.

A lot of hard work has gone into managing the pandemic, yet more effort is needed to address issues such as vaccine inequity in lower-income countries.

The mental health agenda is by no means different. In 2020, I wrote I remain optimistic that amidst such adversity, there are silver linings for the mental health community. The psychological dimension of the pandemic and the ensuing lockdowns have woken up the world into realising that conversations on mental health can no longer be in hushed tones.

It is now understood across the board that mental health is not the responsibility of government or healthcare professionals alone. The urgency with which we must address mental health should not be solely confined to champions of mental health advocacy - many of those who, like myself, have lived experience or have cared for those going through difficult times.

In Malaysia, and indeed our region, there has been a lot of talk on increasing mental health literacy in schools for students, parents, and teachers. Mental health and wellbeing in the workplace have gained momentum, as the link between mental health and productivity is made clear. Decriminalising attempted suicide and insurance coverage for mental health services have also taken centre stage in advocacy and policy circles.

The challenge is to now cultivate a positive attitude towards mental health in general, and to ingrain the belief that mental health problems can be addressed and managed. I am of the view that advocating for mental health must come hand in hand with basic skills to help support one another. We must also be able to redirect those in distress to the appropriate services for help.

I hope to create a domino effect whereby what one person learns about mental health is trickled down into his or her community. I am eager to show that even as individuals, we are an untapped resource in mental healthcare.

London holds such a special place in my heart. To be able to return, this time on a mission to work on a cause that is very dear to me, is a privilege I did not previously think of.

Malaysia has come a long way but there is still much to do. I look forward to sharing more on the lessons I have learnt and the ideas I have come up with over the past few years.

I also look forward to being in the company of our peers from around the world -

those with lived experience, caregivers, resource persons and policymakers. Your insights would be most beneficial on how else my country, my organisation and I can contribute towards mental health and wellbeing.

I am certain the 23rd World Congress for the World Federation for Mental Health in London will be an enriching experience for us all.

## Welcome messages



**Dr Nasser Loza**  
WFMH President  
Joint Congress  
President

I'm delighted to welcome you to the 23rd World Congress of the World Federation for Mental Health in London. It was in August 1948 that the WFMH held the first International Congress on Mental Health in London. Today we meet seventy-four years later in the same historical Central Hall Westminster with the common aim of continuing the journey of making mental health a global priority.

The 23rd World Congress of the World Federation for Mental Health, held in collaboration with the World Dignity Project, will reaffirm the founding principles and values of WFMH and bring together experts with lived experience, carers and family members, mental health professionals from all fields, academics and policy makers. This unique gathering of advocates offers the ground for genuine discussions of evidence-based policies for all involved.

The COVID19 experience has highlighted the value of mental health support in our communities. It is with a sense of relief that after the past two years of lockdown we can finally meet face to face at the 23rd World Congress of the World Federation for Mental Health that takes place on:

**Tuesday 28 June to Friday 1 July 2022**  
**Central Hall Westminster, London, UK**

As travel restrictions in the UK have been modified from 11 January 2022 many people will be able to travel to the UK. I look forward to seeing you in London. We promise a rich programme and exciting debates.

## Joint Scientific Committee Chair



**Michelle Riba**  
M.D, M.S.  
Joint Scientific  
Committee Chair

We look forward to seeing you at the 23rd World Congress of the World Federation for Mental Health in London, UK – whether in person or virtually. COVID-19 and world politics have certainly demonstrated the need for mental health advocates to work together, learn from each other, and collaborate to improve and promote evidence-based treatments and policies, resources and access to care. This has never been more needed and never more timely.

In collaboration with the World Dignity Project, we have an excellent program prepared for you, including world-renowned scientists and leaders in their fields; advocates and those with lived experiences; and policy makers and educators. London is a unique and wonderful city, rich in tradition, history, theatre, museums, and world cuisine.

Most importantly, attending this meeting will help us reconnect with one another. After two years of the pandemic, we are ready to come together to see old friends, and make new ones. We have been isolated and not travelled much and it will be good to check in with one another, learn about what we have been doing professionally, and personally, and plan projects and programs, together.

Please join us in London. We look forward to seeing you!



**John Bowis**  
OBE  
Steering  
Committee

London looks forward to welcoming you to the WFMH Congress 2022. It is an auspicious year for the UK and Commonwealth in that we celebrate this year the Platinum Jubilee of Her Majesty Queen Elizabeth II. This remarkable seventy year milestone shines through the global problems we have all been facing with Covid 19, Ukraine and millions of people seeking sanctuary in so many parts of our world.

With each of these problems has come an integral challenge in mental health. It is crucial that all our policymakers respond by raising the profile and priority of mental health care, treatment and services. This Congress comes at exactly the right time to build on the better understanding of the seamless connection between physical and mental disorders that recent events have highlighted.

As a former UK MP and Health Minister, who then worked on the WHO's 'Nations for Mental Health' campaign before becoming an MEP and Health Spokesman and with a long interest in neuropsychiatric policy, I hope we have a fruitful meeting of minds.





## Preliminary Planner

### Tuesday 28<sup>th</sup> June 2022

08:30-10:10 (1 hr 40 mins)	10:10-11:10 (1 hr)	11:10-11:30	11:30-12:30 (1 hr)	12:30-13:30	13:30-14:00 (30 mins)	14:00-15:40 (1 hr 40 mins)	15:40-16:00	16:00-18:00 (1 hr 30 mins)
<b>PLENARY ONE</b> Invited plenary speakers and 20 mins discussion: <b>Theme: Empowerment &amp; Transformation</b> 1 Engaging and empowering mental health service users, families and carers – we can do better <b>David Crepez-Keay</b> <i>Mental Health Foundation UK</i> 2 A whole system approach to working together <b>Afzal Javed</b> <i>President WPA</i> 3 Disasters and mental health – transforming society to build resilience <b>Vincenzo Di Nicola</b> 4 Bringing mental health research into clinical practice <b>Pierre Thomas</b> <i>France</i> 5 Discussion (20 mins)	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited speakers: <b>WFMH (World Federation for Mental Health) Round Table Discussion</b> <b>Theme: 21st Century Advocacy &amp; Working Together</b> <b>Tsuyoshi Akiyama</b> <i>WFMH President Elect</i> <b>IFP (International Federation for Psychotherapy) Round Table Discussion</b> <b>Theme: Adapting psychotherapy in a changing world</b> <b>Driss Moussaoui</b> <i>President IFP</i>	BREAK	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited Speakers: <b>WDP (World Dignity Project) symposium</b> <b>Theme: Promoting access to wellbeing and mental health</b> 1 Policy and mental health <b>Jean-Luc Roelandt</b> <i>France</i> 2 Rights and mental health <b>Simon Vasseur</b> <i>France</i> 3 Making dignity an integral component in mental health delivery <b>Claire Brooks</b> <i>World Dignity Project</i>	LUNCH	<b>E POSTERS, SHORT PRESENTATIONS &amp; INNOVATIVE PRACTICES</b> Innovative Practice: <b>Innovative practice - dementia</b> <b>Yueqin Huang</b> <i>China</i> & <b>Carlos Augusto de Mendoca Lima</b> <i>Switzerland</i> <b>Innovative practice - Family therapy and mental health in a time of crisis and displacement</b> <b>Todd Edwards</b>	<b>PLENARY TWO</b> Invited plenary speakers and 20 mins discussion: <b>Theme: The Future of Mental Health</b> 1 Mental health and our future workforce – delivering quality <b>Norman Sartorius</b> 2 Redefining mental health in the African context <b>Oye Gureje</b> <i>Nigeria</i> 3 Policymakers and the delivery of better mental health <b>John Bowis</b> 4 Redefining mental health in the European context <b>Jukka Käkkäinen</b> <i>WFMH Regional VP Europe</i> 5 Discussion (20 mins)	BREAK	<b>OPENING CEREMONY &amp; PLENARY THREE</b> Invited plenary speakers 1 Mental health: a global priority <b>Devora Kestel</b> <i>(WHO)</i> 2 Mental health from 1948 to the present – what has been achieved? <b>Nasser Loza</b> <i>President WFMH</i> 3 Mental health: we can and need to do better <b>HRH Princess Iman Afzan Al-Sultan Abdullah</b>

### Wednesday 29<sup>th</sup> June 2022

08:30-10:10 (1 hr 40 mins)	10:10-11:10 (1 hr)	11:10-11:30	11:30-12:30 (1 hr)	12:30-13:00 (30 mins)	13:00-14:00	14:00-14:30 (30 mins)	14:30-16:10 (1 hr 40 mins)	16:10-16:30	16:30-18:00 (1 hr 30 mins)
<b>PLENARY FOUR</b> Invited plenary speakers and 20 mins discussion: <b>Theme: Citizenship</b> 1 Sustainable development and mental health – leaving nobody behind <b>Graham Thornicroft</b> <i>UK</i> 2 Citizenship and total health <b>Eliot Sorel</b> <i>USA</i> 3 Disaster and mental health – the role of social psychiatry <b>Tom Craig WASP</b> <i>Past President</i> 4 Co-creating dignity experiences in mental health service delivery <b>Claire Brooks</b> <i>World Dignity Project</i> 5 Discussion (20 mins)	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited Speakers: <b>RCPsych (Royal College of Psychiatrists) symposium</b> <b>Theme: Race, equality &amp; mental health</b> <b>David James</b> <i>President RCPsych</i> <b>Theme: Mental Health in an Unequal World</b> <b>WFMH 2021 Regional Position Statements: Africa, Asia Pacific, Eastern Mediterranean Round Table Discussion</b> <b>Moderator Gabriel Ivbijaro</b>	BREAK	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited Speakers: <b>Theme: Mental Health in an Unequal World</b> <b>WFMH 2021 Regional Position Statements: North America, Caribbean &amp; Latin America, Europe. Round Table Discussion</b> <b>Moderator Gabriel Ivbijaro</b>	<b>WFMH SECTION LED &amp; WFMH REGIONAL VP LED SYMPOSIA</b> <b>WFMH Round Table Discussion Africa</b> <b>Johannes John-Langa</b> <i>WFMH Regional VP Africa</i> <b>WFMH Round Table Discussion Asia Pacific</b> <b>Roy Kallivayalil</b> <i>WFMH Regional VP Asia-Pacific</i> <b>WFMH Round Table Discussion EMRO</b> <b>Brigitte Khoury</b> <i>WFMH Regional VP</i> <b>WFMH Round Table Discussion Europe</b> <b>Jukka Käkkäinen</b> <i>WFMH Regional VP</i> <b>WFMH Round Table Discussion: Latin American Psychiatry: current perspectives and challenges</b> <b>Fernando Lotas Stepke</b> <i>WFMH Regional VP</i> <b>WFMH Round Table Discussion North America</b> <b>Allan Tasman</b> <i>WFMH Regional VP</i> <b>WFMH Round Table Discussion: The Mental Health Challenges of the Oceania Region</b> <b>Julie Millard</b> <i>WFMH Regional VP</i>	LUNCH	<b>E POSTERS, SHORT PRESENTATIONS &amp; INNOVATIVE PRACTICES</b> Innovative Practice: <b>Innovative practice – addressing stigma</b> <b>Kathryn Goetzke</b>	<b>PLENARY FIVE</b> Invited plenary speakers and 20 mins discussion: <b>Theme: Sharing global experience and expertise</b> 1 Acting early: the key to preventing mental health problems across the life course <b>Vikram Patel</b> <i>USA</i> 2 Transforming mental health – lessons learnt from Portugal <b>Miguel Xavier Portugal</b> (20 mins) 3 Learning from the pandemic crisis – lessons from Australia <b>Michael Kidd</b> <i>Australia</i> 4 Building mental health skills and competencies in the primary care workforce <b>Igor Švab</b> <i>Slovenia</i> 5 Discussion (20 mins)	BREAK	<b>PLENARY SIX</b> <b>WFMH Memorial Lectures</b> Invited plenary speakers and 20 mins discussion 1 Margaret Mead Memorial Lecture <b>Nasser Loza</b> <i>WFMH President</i> 2 Mary Hemmingsway Rees Lecture. To learn possibilities of enhanced collaboration between mental health activities and society <b>Tsuyoshi Akiyama</b> <i>WFMH President Elect</i> 3 George Albee Lecture on Prevention <b>Ingrid Daniels</b> <i>WFMH Immediate Past President</i> 4 Discussion (20 mins)



## Thursday 30<sup>th</sup> June 2022

08:30-10:10 (1 hr 40 mins)	10:10-11:10 (1 hr)	11:10-11:30	11:30-12:30 (1 hr)	12:30 -13:00 (30 mins)	13:00-14:00	14:00-14:30 (30 mins)	14:30-16:10 (1 hr 40 mins)	16:10-18:10
<b>PLENARY SEVEN</b> Invited plenary speakers and 20 mins discussion <b>Theme: Promotion and prevention</b> 1 Promoting mental health and preventing mental illness from a WFMH perspective <i>Nasser Loza WFMH President</i> 2 Preventing suicide is possible <i>Danuta Wasserman WPA President-Elect</i> 3 Equity and social justice for mental health <i>Dinesh Bhugra UK</i> 4 World Mental Health Day 2022 – playing your part <i>Gabriel Ivbijaro UK</i> 5 Discussion (20 mins)	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited Speakers: <i>World Dignity Project symposium Mental Health Champions Best Practice</i> <i>Claire Brooks &amp; Lucja Kolkiewicz World Dignity Project</i> <b>Theme: Interdisciplinary practice</b> 1 Inter disciplinary collaborations-- a comprehensive approach <i>Uriel Halbreich USA</i> 2 Interdisciplinary working and primary care <i>Henk Parmentier &amp; Christos Lionis Chair Wonca Working Party on Mental Health</i> 3 Interdisciplinary working - why is it so difficult? <i>Sam Okpaku USA</i>	BREAK	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited Speakers: <i>WFMH Round Table Discussion Past Presidents</i> <b>Theme: Accelerating recovery from COVID</b> <i>Applying evidence based psychological techniques and advanced physiological understanding to accelerate recovery.</i> <i>Ben Wright UK</i>	<b>WFHM SECTION LED AND WFMH REGIONAL VP LED SYMPOSIA</b> <i>WFMH Women's Section</i> <i>WFMH Section on Mental Health and the Workplace</i>	LUNCH	<b>E POSTERS, SHORT PRESENTATIONS &amp; INNOVATIVE PRACTICES</b> Innovative Practice: <i>Innovative practice – diabetes and depression</i> <i>Norman Sartorius Switzerland</i> <i>Innovative practice – cancer and severe mental illness</i> <i>Michelle Riba USA</i>	<b>PLENARY EIGHT</b> Invited plenary speakers and 20 mins discussion <b>Theme: Dignity &amp; rights</b> 1 Embracing human rights in mental health policies and services: what kind of change is needed? <i>Dainius Puras Lithuania</i> 2 Promoting dignity in mental health <i>Gabriel Ivbijaro President World Dignity Project</i> 3 Caring for older adults <i>Manuel Goncalves Pereira Portugal</i> 4 The urgent need for a UN Convention to mitigate human rights violations of older adults <i>Debanjan Banerjee India</i> 5 Discussion (20 mins)	<b>WFHM AGM</b>

## Friday 1<sup>st</sup> July 2022

08:30-10:10 (1 hr 40 mins)	10:10-11:10 (1 hr)	11:10-11:30	11:30-12:30 (1 hr)	12:30 -13:00 (30 mins)	13:00-14:00	14:00-14:30 (30 mins)	14:30-16:10 (1 hr 40 mins)	16:10-16:30	16:30-18:00 (1 hr 30 mins)
<b>PLENARY NINE</b> Invited plenary speakers and 20 mins discussion <b>Theme: Pathways to health</b> 6 Social engagement and social transformation – a pathway to good health <i>Vishanth Weerakkody UK</i> 7 Balancing community and in-patient care in mental health <i>Adrian James President RCPsych</i> 8 Primary care in distress – finding solutions <i>Amanda Howe Past-President RCGP</i> 9 Discussion (20 mins)	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited Speakers: <b>Theme: People with lived experience</b> 1 Global advocacy – hearing our voices <i>Kathryn Goetzke</i> 2 Minds in rhyme: The poetry of mental health <i>Peter Maeck</i>	BREAK	<b>INVITED SPEAKERS, PARALLEL SYMPOSIA, AND SKILLS SESSIONS</b> Invited Speakers: <i>Mental health challenges lessons from London</i> <i>Skills session: Digital transformation</i> <i>Ben Wright</i> <i>Wars, crisis &amp; mental health</i> <i>Tsuyoshi Akiyama WFMH President-Elect</i>	<b>E POSTERS, SHORT PRESENTATIONS &amp; INNOVATIVE PRACTICES</b>	LUNCH	<b>E POSTERS, SHORT PRESENTATIONS &amp; INNOVATIVE PRACTICES</b>	<b>PLENARY TEN</b> Invited plenary speakers and 20 mins discussion <b>Theme: Together we can make a difference</b> 1 Social determinants of mental health in a troubled world: focus on clinical and educational issues <i>Allan Tasman USA</i> 2 Reforming mental health services to get the best for service users <i>José Miguel Caldas de Almeida Portugal</i> 3 Healing the healers <i>Clare Gerada UK</i> 4 Discussion (20 mins)	BREAK	<b>CLOSING CEREMONY AND PLENARY ELEVEN</b> • Feedback from Scientific Committee • Congress awards • Closing plenary lecture 1 Facing the global challenges for mental health advocacy <i>Nasser Loza WFMH President</i>

## Guidelines for abstract submission

**Abstract submission deadline extended to 24<sup>th</sup> May 2022**